

## ENGLISH

Imagine it's the FAI Cup Final at Aviva Stadium, you are the captain of your favourite League of Ireland team and you are playing against your biggest rivals.

Write a short motivational team talk to inspire your players.

## CAPTAIN

Team captains have an important role to play in looking out for others on the team. A strong team is one where all team players work together regardless of their differences. It is the responsibility of the team captain to be encouraging, diffuse any differences between players and to celebrate them instead. The team captain is responsible for boosting morale and one of the ways in which they do this is by giving motivational team talks.

Learn More about Ireland Captain Seamus Coleman

### Healthy Eating

A 13-year-old needs as many calories per day as an adult. Although they are smaller, they will use a lot of their calories for growing.

## GAEILGE

Aistrigh na focail / Translate the Words

Tíortha \_\_\_\_\_

Neirbhíseach \_\_\_\_\_

Sceitimíni Áthais \_\_\_\_\_

Ceiliúradh \_\_\_\_\_

Funcaí \_\_\_\_\_

TV Camera \_\_\_\_\_

Radio \_\_\_\_\_

Security \_\_\_\_\_

Ambulance \_\_\_\_\_

Match Officials \_\_\_\_\_

## MATHS

1. If Sligo Rovers charge €15 for an adult ticket and €5 for a child ticket, how much money will they receive from ticket sales if they sell 10 adult tickets and 20 child tickets?
2. If a win is worth 3 points, a draw is worth 1 point and a loss is worth 0 points, how many points do Galway United have if they win 4 games, draw 3 games and lose 3 games?
3. St. Patrick's Athletic need to have 20 footballs available before a match, they have 25 footballs in stock. 7 footballs are kicked into the River Camac during a match, how many footballs do they need to purchase before their next match?
4. There are 36 games per team in the Premier Division. If each game is 90 minutes long, how many minutes does each team play per season?
5. Derry City are playing two away games in a row. They play Waterford FC on Friday and Cork City on Monday. It is 401km from the Ryan McBride Brandywell Stadium to the RSC, 121km from the RSC to Turners Cross, and 492km from Turners Cross to the Ryan McBride Brandywell Stadium. How many kms will they have travelled that weekend if they travel directly to Cork from Waterford?

# YOUR HALF-TIME TASK

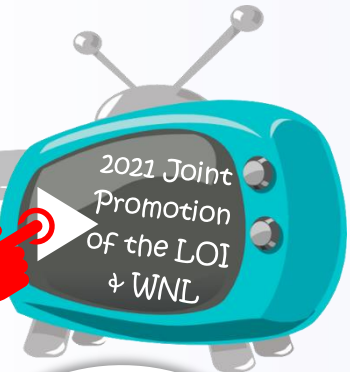
Mark out a square of 3m x 3m and make one corner your start/end point. Dribble the ball as quickly as you can around the square until you are back where you started. When you get there, quickly turn and dribble back around the square and finish where you started.

Use all parts of both feet to dribble.

Rest for 1 minute between reps. Work for 10 minutes in total.

#SPARSchoolZone

Click the player with the ball to watch how it's done.



## HISTORY

**The League of Ireland (LOI)**  
The LOI is the men's national league in the Republic of Ireland. At senior level, it is made up of two divisions, the Premier Division and the First Division.

Do some research and answer the questions.

1. In what year was the League of Ireland founded?
2. Which club won the first ever League of Ireland championship?
3. Which club has won the most League of Ireland championships?
4. Which current League of Ireland club are the oldest?  
(Hint: They were founded in 1887)
5. Which of the current League of Ireland clubs joined the league most recently?
6. Which club play their home fixtures at Dalymount Park?
7. Which player has scored the most goals of all time in the League of Ireland?

**Fun Fact**  
Over 3 million people have watched Jordan Flores goal for Dundalk against Shamrock Rovers in 2020  
[VIEW G](#)

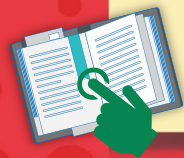


## GEOGRAPHY

- Club:** Galway United  
**Province:** Connacht | **Venue:** Eamonn Deacy Park
1. On which coast of Ireland is Galway? East or West?
  2. If the club were to play a 'Local Derby', which of the following clubs would they play against?  
(i) Cobh Ramblers (ii) UCD (iii) Sligo Rovers?
  3. Can you name the main river that flows past Eamonn Deacy Park and through Galway City?
  4. Galway United were founded as Galway Rovers in the Claddagh district of Galway City in 1937. What jewellery is Claddagh most famous for?
  5. Eamonn Deacy Park was previously called Terryland Park. True or false?

Galway is the 2020 European Capital of Culture. Find out more.

Click the crest to find out more about Galway United



## CREST TEST

We have removed the text from these League of Ireland club crests. Can you guess which clubs they belong to?



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_

**FUN FACT**  
Shamrock Rovers are the most successful club in the League of Ireland with 18 league titles

